

## **SOFT-CUFF REMINDER:**

Remember that soft-cuffs should be used for brief periods of time and under direct supervision. Their primary use would be for custodial settings and do not provide the same level of security that handcuffs provide. The soft-cuffs do not have locks so personnel need to provide immediate supervision. If possible, a person who is combative and/or is making efforts to defeat the soft-cuffs should be placed back in handcuffs as soon as possible. Some examples of soft-cuff use would be:

- \* A need for a forced blood draw
- \* Medical care
- \* Need to aid with joint movement for circulation concerns when Wrap is used for an extended period.
- \* When allowing a person in the Wrap to walk (while supported by personnel).
- \* Department requirement/restriction of handcuff use.

**NOTE:** Normally the soft-cuffs with the aid of the elbow strap are sufficient for normal restraint. However, the soft-cuffs can be made with a locking system for added security. Special orders providing locks on the soft-cuffs can be made. Contact Safe Restraints Inc. directly for custom order needs or interest.

## **ELBOW STRAP:**

The elbow strap was designed to help provide added security to a person when both arms are restrained in the soft-cuffs. When applied correctly it locks the elbows and shoulders backward, restricting arm and hand movement. This restriction helps prevent a person's hands from reaching across their body in an attempt to undo the soft-cuff on the other hand. The elbow strap is now included with Wraps purchased with the soft-cuff feature. It is **NOT REQUIRED** to use the elbow strap every time a person is in the soft-cuffs. Personnel need to evaluate their security needs while adhering to their department's training/policy.

## Application of the Elbow Strap:



**Step 1:** Make sure both arms of the person are properly restrained in the soft-cuffs.

**Step 2:** Apply the elbow strap above the person's elbows much like putting on a waist belt.

**Step 3:** Tighten the belt firmly to pull the elbows and shoulders back but be careful not to over tighten. Over tightening could cause strain on the shoulders and circulation issues.

**Caution:** The elbow strap is made of 2" wide material to reduce the risk of pinching and circulation issues. However, personnel need to monitor the person restrained to ensure the safety and security of the person restrained.