

Sample Trainer's Lesson Plan For the WRAP

I. COURSE OBJECTIVES:

- A. Discuss the potential liability issues involved in in-custody deaths.
- B. Identify various medical, psychological and physical factors associated with in-custody deaths
- C. Introduce and explain the structure of the WRAP.
- D. Demonstrate the application, preparation and storage of the WRAP.
- E. Certify each student in the application of the WRAP.
- F. Discuss other restraints currently used within their agency.
- G. This class should take between two and four hours.

II. ISSUES SURROUNDING IN-CUSTODY DEATHS:

Discuss the various issues and warning signs associated with in-custody deaths. Provide examples of the following:

- A. Positional Asphyxia: Placing the body in a position which negatively affects the person's ability to breathe.
- B. Excited/Drug Induced Delirium.
- C. Sudden Death Syndrome.
- D. Pepper spray related issues: first aid factors, inflammation.
- E. Drug induced psychosis.
- F. Liability issues: training and equipment, personnel and equipment issues.

III. OFFICER AWARENESS AND RECOGNITION OF RISK INDICATORS:

- A. Bizarre / violent activity
- B. Obesity, especially "big bellies"
- C. Drug involvement
- D. Apparent ineffectiveness of chemical agent
- E. Position of restraint
- F. Fitness: energy exerted by subject
- G. Medical problems
- H. Alcohol involvement
- I. Use transparency

IV. APPLICATION OF THE WRAP

A review of the application of the WRAP, emphasizing the following points:
(See The WRAP Basic Application Manual)

- A. Breakdown of the WRAP: Leg wrap, shoulder harness, ankle strap.
- B. Demonstration (two, three, and four officer application.)
- C. Transportation
- D. Preparation and storage/cleaning
- E. Tactical considerations: Review how the WRAP is a restraint system that works in conjunction with pepper spray, Taser, anticipated hostility, etc.
- F. Pre-planning: officers responding to the scene. Personnel must consider having the WRAP at the scene as soon as possible to minimize risks associated with restraining the subject.

V. PRACTICAL APPLICATION OF THE WRAP:

- A. Break personnel into groups. It is essential that all personnel apply the WRAP and have the WRAP applied to them.
- B. Evaluate and test personnel on the application.
- C. Stress the importance of WRAP preparation and storage.
- D. Written examination. (Refer to sample test questions.)